



 **WHEATLAND**  
COUNTY  
**CONNECTOR**  
February 2023



# GOOD FOOD BOX

## Fresh Produce at a fraction of the Cost!

The Good Food Box program was established to encourage healthy eating while making it affordable for individuals and families alike. The program has been in our area since the fall of 2014 and offers fresh fruits and vegetables to its clients.

The program is available to anyone who is interested in taking part; no restrictions to numbers of boxes purchased or eligibility of participants.



### Boxes can be purchased in three different sizes:

SMALL which offers 25-30 pounds of food= \$27  
MEDIUM which offers 35-40 pounds of food= \$32  
LARGE which offers 45-50 pounds of food= \$37

*\*There is a \$2 handling/shipping fee which is also added to the initial cost.*

Each box contains the basic produce staples: potatoes, carrots, onions, apples and oranges with additional seasonal fruits and vegetables rounding out the weight.

The program is made possible because the Community Kitchens Program of Calgary (with whom we partner) bypasses the retailers and goes directly to importers and produce handlers in the province.

For additional information or to order your box, please call  
Wheatland FCSS at  
Ph: 403-934-5335  
or email: [info@wfcss.org](mailto:info@wfcss.org)

Participants pre-order, pay and pick up their boxes at  
Wheatland FCSS, Wheatland Administrative Office at  
the corner of Range Road 243 and Highway 1.

### NEW 2023 order and delivery dates:

#### Order before 3:00 PM on:

#### Pickup between 2- 4PM on:

March 14

March 24

April 18

April 28

May 9

May 19

June 6

June 16

Summer Break

August 8

August 18

September 5

September 15

September 26

October 6

October 24

November 3

November 21

December 1

Orders can be placed by calling or emailing WFCSS or online at <https://www.wfcss.org/good-food-box.html>

Note: e-transfer must be received two days prior to delivery date.

Payment options: cash or cheque upon pick up, visa, mastercard, or e-transfer to [info@wfcss.org](mailto:info@wfcss.org)





# Wheatland MEALS ON WHEELS Frozen Program

Wheatland FCSS has partnered with Calgary Meals on Wheels Frozen Program to provide Wheatland County residents with nutritious and affordable meals. The program is available to anyone in Wheatland County regardless of age, finances or status.

All items are prepared by a Blue Ribbon chef in the most up-to-date facility for safe food production. Recipes are reviewed by a registered dietitian prior to production to ensure meals are balanced and meet dietary standards.

Frozen meal orders are placed bi-weekly. The following week orders are retrieved, sorted and stored at our office until delivery or pick up arrangements have been made.

The menu is extensive and offers a variety of entrees, soups and baked goods for individuals and families. Renal and gluten-free options are also available and we would be glad to give further information should you be interested. E-transfer payments are accepted.

Cost varies by product. Payment is by cheque or cash and is due on pick-up/delivery day.

For more information or to place an order, visit <https://www.wfcss.org/meals-on-wheels.html> or contact Wheatland FCSS at 403-934-5335. Order forms can be found online.

**We look forward to hearing from you!**

PH: 403-934-5335

[www.wfcss.org](http://www.wfcss.org)

## NEW Order/Pick up Schedule 2023

### ORDER

MARCH 6  
MARCH 20  
APRIL 3  
**APRIL 17**  
MAY 1  
MAY 15  
MAY 29  
JUNE 12  
JUNE 26  
JULY 10  
JULY 24  
**AUGUST 4**  
AUGUST 21  
**SEPTEMBER 1**  
SEPTEMBER 18  
**SEPTEMBER 29**  
OCTOBER 16  
OCTOBER 30  
NOVEMBER 13  
NOVEMBER 27  
DECEMBER 11

### PICK UP

MARCH 14  
MARCH 28  
APRIL 11  
APRIL 25  
MAY 9  
MAY 23  
JUNE 6  
JUNE 20  
JULY 4  
JULY 18  
AUGUST 2  
AUGUST 15  
AUGUST 29  
SEPTEMBER 12  
SEPTEMBER 26  
OCTOBER 10  
OCTOBER 24  
NOVEMBER 7  
NOVEMBER 21  
DECEMBER 5  
DECEMBER 19

\* Please note that those dates highlighted are alternate order days due to statutory holidays. Please have your order in by 3PM.



# TECH-Talks!



## Confused about your devices?

Please bring your own device! Come join us to answer specific questions about your device or just explore your device. Please bring your questions with you or email them ahead of the session you wish to attend. You can attend all 4 sessions or just the one or ones you would like to.

### DATES and LOCATIONS:

**Feb.2,2023 -Carseland Community Hall(JetSetterRoom)**

**Feb. 16,2023 - Standard Young at Heart Centre**

**March 2,2023-Wheatland County Building,ECC Room**

**March 14, 2023 - Strathmore Library, Program room**

**Time: 1:00pm to 3:00 pm**

Free event for all ages! | Snacks and refreshments provided

Register at [resources@swwellness.ca](mailto:resources@swwellness.ca) | PH: 403-962-0167



Strathmore Wheatland Wellness  
Resource Project



[resources@swwellness.ca](mailto:resources@swwellness.ca) | [www.swwellness.ca](http://www.swwellness.ca)

# 2023 Gravel Sales



## BUILDING A ROAD APPROACH OR UPGRADING YOUR DRIVEWAY?

Did you know, Wheatland County residents are able to purchase crushed gravel and pitrun at a reduced cost?

Residents are able to redeem gravel tickets between 8 a.m. and 4 p.m. on the set days and locations as outlined below:

- June 14 and 15, 2023 – Goldsmith Pit (Cluny) located at NE-8-22-21W4 (7/8" Crush & Pit Run)
- July 5 and 6, 2023 – Christensen Pit (Carseland) located at NE-03-22-25W4m (3/4" Crush & Pit Run)
- August 9 and 10, 2023 – Fish Lake Pit (Dalum) located at NE-28-26-18W4M (7/8" Crush & Pit Run)

To collect gravel on the dates and at the locations noted above, please park at the gravel sales sign and stay in your vehicle until the loader operator notifies you to proceed.

## NOT SURE HOW MUCH YOU NEED?

- Crush: 1 tonne = 0.79 cubic yards, or 1 cubic yard = 1.27 tonnes
- Pitrun: 1 tonne = 0.67 cubic yards, or 1 cubic yard = 1.49 tonnes
  - 12 tonnes fit into a truck and 12 tonnes fit into a pup
  - 3-ton truck will hold 8 tonnes of gravel
  - Belly dump & end dump – 24 tonnes
  - Tandem axle – 12 & 13 tonnes

Crushed  
\$11.20/tonne plus GST  
Pitrun  
\$4.90/tonne plus GST

For your safety and ours, loader operators will not load gravel into the box of a pickup truck.

The purchase application and instructions can be found at

<https://wheatlandcounty.ca/documents/gravel-sales/>.



Mobile Mammography Screening is coming to:

## Strathmore

March 21 to Apr. 1, 2023

Peavey Mart Strathmore Parking Lot



**Appointments are required. Call to book:**

**1-800-667-0604** (toll free)

To learn more visit: [screeningforlife.ca](https://screeningforlife.ca)

Due to COVID-19, Screen Test is taking a number of precautions to ensure the safety of our clients and staff. Details will be shared when you call to book your appointment.

*Thank you for supporting Screen Test over the past 30 years.  
Together we are saving lives, one community at a time.*



Post until: Apr. 1, 2023

# HOW TO START THE CONVERSATION AROUND MENTAL HEALTH WITH OUR FARMERS

It's never easy to start the conversation around mental health, especially in an industry like agriculture, where mental health is so stigmatized. Sometimes, just starting the conversation with the people in your life is the very first step to supporting them.



## HERE ARE SOME TIPS TO HELP GET THE CONVERSATION STARTED



Be open about your own mental health struggles and create a space that makes it easy for others to share their own struggles.



Everyone deserves support in mental health, even if they aren't sure how to reach out for it. We must make getting help for mental health normal and even easy.



We're all balancing the stressors in our own lives, but if you notice someone is withdrawn or quieter than usual, that is the time to reach out or offer to catch up over some coffee.



Make sure the farmers in your life know you are there for them, from checking in on what they're up to and tuning in to what's happening in their lives and on their farms.

## SOME QUESTIONS TO START THE CONVERSATION:

"How is it going on the farm these days?"

"What's keeping you stressed out on the farm these days?"

"Have you been affected by what's happening in the industry?"

# MASH

## MANAGEMENT ALTERNATIVES FOR SOIL HEALTH

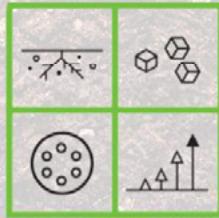
### THE SCIENCE PERSPECTIVE

**Dr. James White**

How Plants Use Soil Bacteria to Obtain Nutrients

**Dr. Mir M. Seyedbagheri**

Humic Products & Balancing Mineral Nutrients for Soil Health



### THE PRODUCER PERSPECTIVE

**Wayne Robinson**

The good, bad and the ugly. A producers soil health journey near Mossleigh Alberta.

**Chad Monner**

**Rick Bieber**

Utilizing Various Soil Health Strategies to Enhance Production Efficiency & Quality

**Cost: \$50**

### Optional Evening Workshop Session

A maximum of 15 producers can discuss humic products and mineral ratio balance for their specific soils with Dr. Mir. A CARA Soil Health Benchmark report from the past 3 years will be required.

**Cost: \$75**



## SHELTERBELT & Tree Care Workshop

March 13th, 6:00pm  
Wheatland County Admin Building

The trees and shrubs that make up shelterbelts and ecobuffers can help to prevent soil erosion, reduce extreme temperatures and energy use, capture snow for water retention or to prevent blowing snow on roadways, sequester carbon, provide habitat for pollinators and other wildlife, and so much more!

Presented by Toso Bozic  
ISA Certified Arborist

Join us for this free workshop,  
you will learn about:

- Shelterbelt design
- Site selection & preparation
- Tree & shrub species selection
- Tips for planting success
- Maintenance
- Minimizing environmental damage
- Managing pests & diseases
- County funding programs

To register or for information visit:  
<https://wctree.eventbrite.com>  
or contact [agandenv@wheatlandcounty.ca](mailto:agandenv@wheatlandcounty.ca)



## Did You Know?

On average, Canadians use approximately 223 litres of water per person, per day! Here are some simple ways to help reduce your water consumption:

- Check your toilets for leaks
- Take shorter showers
- Install water-saving shower heads or flow restrictors
- Turn off the water while brushing your teeth
- Check faucets and pipes for leaks
- Only use your dishwasher for full loads

# PRODUCER FUNDING OPPORTUNITIES

February 23, 2023

Standard Community Hall

Topics Include:

- Grazing Principles
- Utilizing New and Existing Water Sources
- Pasture Design Tips to Improve Rotational Grazing
- Introduction to Cover Crops
- On-Farm Climate Action Funding
  - To offset the cost of implementing new rotational grazing plans, cover crops and nitrogen management on your farm.

Agenda:

- Registration & Coffee | 9:45am
- Lunch ( provided) | Noon
- Wrap-up | 3:00pm

Cost: FFGA Members: \$15 | Non-Member: \$20

Register at: <https://www.foothillsforage.com/producerfunding>



## Special Guest: Grant Lastiwka

Grant Lastiwka is a forage extension expert and is a director with the Alberta Forage Industry Network. Grant has worked in Central Alberta with Alberta Agriculture in varying roles: Forages/Grazing/Livestock/Economics Extension for over 30 years. These efforts are almost always related to trying to realize the value from seizing the opportunity of managing forages and grasslands to be a highly productive crop.



## Canada's #1 Plan for Employee Benefits

Chambers Plan  
Employee Benefits



## SWCC Benefit Plans

Did you know that Strathmore Wheatland Chamber Of Commerce (SWCC) has benefit plans available for their members? For more information, visit their website today!

<https://www.theswcc.ca/>



Strathmore Wheatland Chamber of Commerce



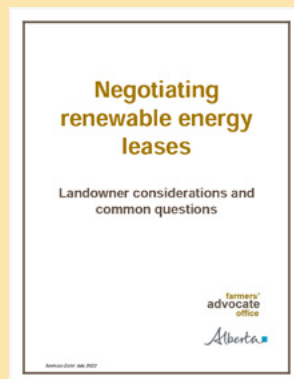
# Renewable Energy in Alberta

## Farmers' Advocate Office

The Farmers' Advocate Office (FAO) was established in 1973 by the former Minister of Agriculture as a resource for Albertan farmers and ranchers.

Negotiating Renewable Energy Leases was first released in February 2017 in response to requests from Albertan landowners for additional resources to aid in the negotiation of wind and solar leases. This publication collects the relevant information from the different regulators, departments, and agencies within the province to help landowners ask informed questions and evaluate the opportunity of having a power plant on their land or within their community. As an advocate, the FAO does not create policy, but will provide comment on existing laws and policies and work as a liaison between landowners, industry, government, and regulators.

Have you been  
approached about  
leasing your land  
to a wind or solar  
energy developer?



Want to learn more about negotiating  
renewable energy leases? The Alberta  
Farmers' Advocate Office (FAO) has a guide  
that can help!

<https://www.alberta.ca/surface-rights-and-renewable-energy.aspx>



**Trouble finding a job? We can help.**

The Skills for Success Program will help unemployed or underemployed Albertans from the greater Strathmore area improve their skills in the following areas:

- Reading
- Writing
- Numeracy
- Digital
- Problem-solving
- Communication
- Collaboration
- Adaptability
- Creativity
- Innovation

Using art-based learning, participants will engage in structured lessons to learn the Skills for Success and to move closer to the work force.

The program will include 5 weeks of skill-building in the classroom, followed by 7 weeks of applying the new skills to develop public art projects in the Strathmore community. Working on a public art project will allow participants to build their community networks and further their employability skills while receiving career advising and employment support from Prospect.

A new group of participants will begin every 12 weeks. Scheduling will be flexible and modified to meet the needs of participants within each group.

## What Does Prospect Do?

Prospect is an employment organization that focuses on people. Recognized as one of Alberta's most innovative not-for-profits, Prospect has decades of experience in creating employment services for unemployed and underemployed Albertans through skill development, guided supports, and career, employment and information services.

## Interested?

For more information, please contact the Skills for Success Team Lead, Shantelle Vermeylen directly at **587-600-7863** or visit **[www.prospectnow.ca/skillsforsuccess](http://www.prospectnow.ca/skillsforsuccess)**

To learn more about other employment supports offered by Prospect, please call **1-877-483-2562** or visit **[prospectnow.ca](http://prospectnow.ca)**



The Province of Alberta is working in partnership with the Government of Canada to provide employment support programs and services.

# WHAT DO YOU NEED HELP WITH?

Whether you're just starting out, trying to expand your business, or looking for some guidance on how to sell your company, Community Futures is here for you every step of the way.



## Starting a Business

Let our team of experienced advisors help you get started.



## Growing a Business

Our team is here to ensure you have the resources & financing you need to succeed.



## Buying a Business

We can help with business planning, strategy, or securing financing.



## Digital Economy Program

The Digital Economy Program (DEP) is designed to help entrepreneurs take their businesses online.

Our Digital Service Squads will guide businesses through:

- digital transformation and/or
- launching and managing their online stores.

Small business can apply to participate in one or both programs, free of charge.



## Get one-on-one support with our experienced local business specialists

## OUR SERVICES

1. Small business support and guidance.
2. Flexible financial support to start and grow your business.
3. Small business skills and training for rural entrepreneurs.

## Building our region, One Idea at a Time

Whether you need help writing your business plan, securing financing, or exploring your online marketing opportunities, our business specialists can help.

We've been helping small business owners in the Wild Rose region for over 30 years. We're business owners too - and we know what it takes - so call and book an appointment today!



## ABOUT US

Staffed by seasoned business professionals, and guided by a volunteer Board of Directors, we're more than just a business lender.

With over 30 years of experience helping rural entrepreneurs grow and thrive as small business owners, we understand where you are now, and where you want to go in the future.



Ready for the next steps? Let's chat.

Phone  
403.934.8888

Website  
[www.wildrose.albertacf.com](http://www.wildrose.albertacf.com)

Email  
[wildroseinfo@albertacf.com](mailto:wildroseinfo@albertacf.com)

Office  
101, 331 3rd Ave.  
Strathmore, Alberta



[www.wildrose.albertacf.com](http://www.wildrose.albertacf.com)



Prairies Economic  
Development Canada

Développement économique  
Canada pour les Prairies



# ALBERTA EFP

## ALBERTA ENVIRONMENTAL FARM PLAN

Demonstrate your commitment to environmental Stewardship by completing an Environmental Farm Plan!

### ALBERTA EFP FALL & WINTER ONLINE WORKSHOP SERIES

#### Are you wanting to start or complete your existing EFP?

Alberta EFP will be hosting workshops to assist producers who want to start their EFP, or work on their existing EFP. Workshops will be hosted on-line every 3rd Thursday of the month from October through March from 1:00pm to 3:30pm.

For more information on the EFP program visit our website [www.albertaefp.com](http://www.albertaefp.com)

If you don't have an EFP account, please register for one prior to attending the workshop. You can register for an EFP account here: <https://webbook.albertaefp.com/register/>

To register for a workshop please visit our events calendar: [www.albertaefp.com/efp-program/event-calendar/](http://www.albertaefp.com/efp-program/event-calendar/) or contact us below

**Email: [info@albertaEFP.com](mailto:info@albertaEFP.com)**

**Phone: 587-200-2552**

#### What is Alberta Environmental Farm Plan?

The Environmental Farm Plan (EFP) is a voluntary, whole farm, self assessment tool that helps producers identify their environmental risks and develop plans to mitigate identified risks. We are working together with farmers committed to environmental stewardship.

#### Last Workshop!

March 16, 2023- 1:00pm-3:30pm

#### Benefits of completing your EFP

- Demonstrates your environmental stewardship
- increases your understanding of your environmental risks and how to mitigate them
- Reduces costs, increases efficiency
- access funding such as the CAP Farm Technology Program
- Can use as a future planning tool

#### We're here to help!

Wheatland County offers one-on-one virtual or in-person sessions to help you complete your EFP. Register at [AlbertaEFP.com](http://AlbertaEFP.com) and then book an appointment.

#### Contact:

Sarah Schumacher, Wheatland County  
Ph: 403-333-6943

[sarah.schumacher@wheatlandcounty.ca](mailto:sarah.schumacher@wheatlandcounty.ca)

#### Privacy

- AEFP is committed to protecting and respecting the personal information of you and your farm.
- Your EFP workbook and action plan belong to you, and are private and confidential.



# WHEATLAND

## Safe Water Wells Action Program

Enabling landowners to protect groundwater quality in Wheatland County

### UP TO \$6000 IN FUNDING

This program covers a portion of the cost of contracted Services (i.e. Certified Well Driller) and required materials for the following projects.

Funding is available for:

- **Pitless Adaptor Well Pit Conversion**  
75% up to \$3500 per well
- **Decommissioning of Unused Wells**  
75% up to \$2500 per well

### Program Guidelines

- Landowners may receive a maximum of \$6000 over a three-year period on a combination of projects. Project category maximums also apply on a three-year basis
- GST is not eligible for funding.
- Applications will be approved by the Agriculture and Environment Department on a first-come, first-served basis. Funding is limited to an annual budget which is subject to change without notice.
- **This program is not retroactive.** Applications must be approved prior to purchase of materials or services.
- The landowner is responsible for obtaining all required permits and approvals prior to initiating a project.
- The landowner is responsible for labour and equipment costs associated with projects over and above the funding maximums, as well as for ongoing project maintenance.
- Work on groundwater wells must be completed by a certified well driller
- Wheatland County staff may include information about funded projects in advertisements or publications associated with Wheatland County.
- Approved projects that are completed by **October 15th** will be prioritized, funding will not be guaranteed after this date.
- Applicants will be reimbursed following the completion of the project and submission of invoices.
- *The personal information in this form is collected under the authority of s. 33(c) of the Freedom of Information and Protection of Privacy Act (FOIP) and is used solely for collecting information regarding your Safe Water Wells Action Program application at Wheatland County. Questions about collection of this information can be directed to the FOIP Coordinator at (403) 934-3321 OR admin@wheatlandcounty.ca.*

### LANDOWNER DETAILS

Landowner Name(s):

Address (including Postal Code):

Email Address:

Phone Number(s):

### PROJECT DETAILS

Rural Address or Legal Description(s):

Owned or Rented Land?

Project Type (check all that apply):

☐ **Decommissioning of Unused Wells**

Number wells to be decommissioned:

☐ **Pitless Adaptor Well Pit Conversion Project**

Number of well pits to be converted:

**Please describe your project:**

**This program is not retroactive**

*Applications must be approved prior to purchase of materials or services*

## PROJECT BUDGET

Project Type	Description of Expense <i>i.e. Contracted Services, Supplies, Labour (\$25 hour)</i>	Estimate of Expenses	Actual Cost (Office Only)
Well Decommissioning 75% up to \$2500 per well			
Pitless Adaptor Conversion 75% up to \$3500 per well			
Total Project Cost:			
Total Amount Covered (Office Only)			

## PROJECT AGREEMENT

- ☐ I am the registered landowner
- ☐ I am not the registered landowner; however, I have discussed the project with the person who owns the land, and have gotten permission to complete this project.

In signing this contract, I agree to acquire all permits, approvals, or permissions required for this project. I understand that I am responsible for all costs associated with the project, except for those cost-shared with Wheatland County under this agreement, at the rates applicable to each project type. I accept responsibility for constructing and maintaining the project, and for ongoing project maintenance costs. I will submit receipts to Wheatland County by December 15th of this calendar year, or I understand that my project will no longer be eligible for funding. I agree to inclusion of information about my project in advertisements or publications about the program, and will submit photos of the completed project, if requested, before funding is dispersed to me.

I, \_\_\_\_\_, hereby certify that the information given on this form is full and complete and is, to the best of my knowledge, a true statement of facts relating to this application.

*The applicant hereby waives and releases Wheatland County and its employees, agents, and representatives, and indemnifies and holds harmless the County from any claims, losses, damages, costs, expenses, actions or proceedings related to or arising from this agreement and project.*

Signature of Applicant: \_\_\_\_\_

Date: \_\_\_\_\_

## PROJECT APPROVAL

### FOR WHEATLAND COUNTY USE ONLY:

<b>Prior to Project Initiation:</b>
Project Approval (A&E Staff):
Date of Project Approval:
Has landowner received funding in the last three years?
YES <input type="checkbox"/> NO <input type="checkbox"/>
Maximum amount of eligible funding:
<b>Project Completion:</b>
Date on invoices provided is after project approval date above? YES <input type="checkbox"/> NO <input type="checkbox"/>
Amount of funding to be dispensed: \$
Project Completion (A&E Staff):
Date:

### Program Contact

Please return completed forms to Wheatland County  
Attn: Sarah Schumacher  
Email: Sarah.Schumacher@wheatlandcounty.ca or by  
Fax: 403-934-4889 or in person at the county  
administration building  
If you have questions regarding the program or application  
contact Sarah Schumacher Ph: 403-361-2027



Wheatland County  
242006 Range Road 243  
Wheatland County, AB T1P 2C4

T: 403-934-3321 F: 403-934-4889  
[wheatlandcounty.ca](http://wheatlandcounty.ca)  
[@wheatlandcounty](https://www.instagram.com/wheatlandcounty)